



**NEW YEAR,
NEW YOU**

Join the fun

**STARTING JANUARY 6th
ENDING APRIL 30th**

- **\$20 Entry Fee; give money to Vanessa**
- **Staff will weigh-in with Vanessa between December 30th - January 4th (x3652)**
- **Last day to sign up is January 6th**
- **Weigh every two weeks or once per month**
- **Winner determined by percentage of weight lost, not total pounds or inches**
- **2nd place winner gets \$50**
- **1st place winner receives all remaining money**
- **Staff will use scale located in Wellness Studio (WS)**
- **Helpful information will be available in the WS**