

UV ACTIVITIES / September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATIONS BI = Bistro BZ = Breezeway Lounge CB = Club House CH = Chapel CL = Circle Lounge LG = All Lounges SD = South Dining Room L3 = Parking lot outside Dining Rm TH = Stovall Theater WS = Wellness Studio					1 10:15 Strength Exercise WS 10:30 Move with Mickey 265 10:45 Devo with Wayne 265 2:00 Games with Mickey 265 6:00 Game Night CL Stovall Theater 	2 1:00 Canasta CL 2:00 Table Gamers 265 & CL Stovall Theater
3 10:00 Sunday School TH 10:00 Catholic Mass CH 11:00 Worship Service TH 1:00 Feature Film TH "The Call of the Wild" (2020) 3:00 Table Gamers CL	4 LABOR DAY 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Sing-a-long & Bible Study with Wayne TH 1:00 Bridge Club CL 	5 FUNDRAISER 7am-12pm Bake Sale TH (Alzheimer's Fundraiser) 10:00 Catholic Mass CH 10:15 Stretch Exercise WS 10:30 Move with Mickey 265 10:45 Devotional with Wayne 265 11:00 Line Dance Class WS 11:00 Pie in the Staff's Face TH (Alzheimer's Fundraiser) 12:30 Wii Bowling TH 3:00 Drum Fit Class TH 3:30 Shuffleboard WS 5:30 Choir Practice TH	6 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 1:00 Janet Stegman Variety Show TH 1:00 Cards/Games CL 2:45 Balloon Volleyball TH 4:00 Bible Study TH 6:00 Silent Movie "Peter Pan" (with Bill Rowland on Piano) TH 	7 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 11:15 Tulsa Public Library Bookmobile L3 12:30 Wii Bowling TH 12:45 Dominoes CL 2:00 September Birthday Bash SD 3:00 Sing Along with Melody TH 3:00 Shuffleboard WS	8 9:30 A.L. Residents Mtg. TH 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 1:30 The Horse Races TH 2:30 Color it Beautiful 265 3:00 Ladies Group Meeting TH 6:00 Game Night CL 	9 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional with JodeTH 1:00 Vintage Matinee TH "Two Bits and Pepper" (1995) 1:00 Canasta CL 3:00 Table Gamers 265 & CL
10 Grandparents Day 10:00 Sunday School TH 10:00 Catholic Mass CH 11:00 Worship Service TH 1:00 Feature Film TH "Gold Diggers of 1933" 3:00 Table Gamers CL	11 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Sing-a-long & Bible Study with Wayne TH 1:00 Bridge Club CL	12 FUNDRAISER 9a-2p Hearing Solutions Rm 131 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 11:00 Line Dance Class WS 12:30 Wii Bowling Tourney TH (Residents vs. Staff)(Alz. Fundraiser) 3:30 Shuffleboard WS 5:30 Choir Practice TH	13 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotion with Wayne TH 12:45 Resident Quarterly Meeting TH 1:00 Cards/Games CL 2:45 Balloon Volleyball TH 4:00 Bible Study TH	14 FUNDRAISER 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 12:30 Wii Bowling TH 12:45 Dominoes CL 3:00 Shuffleboard WS 6:00 Bingo with Wayne TH (Alzheimer's Fundraiser)	15 7:00-9:00 Light Breakfast TH (Alzheimer's Walkers only) 10:00 Alzheimer's Walk TH 10:15 Strength Exercise WS 1:00 The Horse Races TH 2:30 Color it Beautiful 265 6:00 Game Night CL	16 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional with JodeTH 1:00 Vintage Matinee TH "The Trouble with Angels" (1966) 1:00 Canasta CL 3:00 Table Gamers 265 & CL
17 10:00 Sunday School TH 10:00 Catholic Mass CH 11:00 Worship Service TH 1:00 Feature Film TH "King's Row" (1942) 3:00 Table Gamers CL	18 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 "Storming the Gates" In Concert TH 1:00 Bridge Club CL	19 10:00 Episcopal Service CH 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Mickey TH 11:00 Line Dance Class WS 12:30 Wii Bowling TH 3:30 Shuffleboard WS 5:30 Choir Practice TH	20 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotion with Mickey TH 1:00 John Southern Concert TH 1:00 Cards/Games CL 4:00 Bible Study TH 6:15 Games with ORU Students TH 	21 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Mickey TH 12:30 Wii Bowling TH 12:45 Dominoes CL 3:00 Shuffleboard WS	22 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotion with Mickey TH 12:00 Sept. Birthday Lunch TH 1:00 The Horse Races 2:30 Color it Beautiful 265 3:00 Round Table Storytelling TH 6:00 Game Night CL	23 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional with JodeTH 1:00 Vintage Matinee TH "The Ultimate Gift" (2006) 1:00 Canasta CL 3:00 Table Gamers 265 & CL
24 10:00 Sunday School TH 10:00 Catholic Mass CH 11:00 Worship Service TH 1:00 Feature Film TH "The Third Man" (1949) 3:00 Table Gamers CL	25 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Sing-a-long & Bible Study with Wayne TH 1:00 Bridge Club CL 6:00 T-Town Jazz Band in Concert TH	26 10:00 Lutheran Service CH 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 11:00 Line Dance Class WS 12:30 Wii Bowling TH 3:00 Drum Fit Class TH 3:30 Shuffleboard WS 5:30 Choir Practice TH	27 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 1:00 "Piano Praise to Jesus" With Sandy Knox TH 1:00 Cards/Games CL 2:45 Balloon Volleyball TH 4:00 Bible Study TH	28 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Mickey TH 12:30 Wii Bowling TH 12:45 Dominoes CL 3:00 Shuffleboard WS 3:30 New Resident Coffee Connection 265 	29 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Wayne TH 1:00 Live Horse Races TH "Favorite Football Team" Theme 2:30 Color it Beautiful 265 6:00 Fall Ball TH (Dance Social with Live DJ)	30 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional with JodeTH 1:00 Vintage Matinee TH "Into the West" (1992) 1:00 Canasta CL 3:00 Table Gamers 265 & CL