

# UV ACTIVITIES January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>2</b> 10:00 Strength Exercise WS 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Movie TH	<b>3</b> 10:00 Strength Exercise WS 10:00 Bingo with Mickey TH 1:00 Bridge Club CL 1:00 Sing-a-long / Devotional With Wayne TH 5:30 Tim Swan "Songs from the West" TH	<b>4</b> 9am-2pm Hearing Solutions CR 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional TH 11:00 Beginners Line Dance WS 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 6:00 Choir Practice TH	<b>5</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 Bingo TH 1:00 Cards/Games CL 3:15 Balloon Volleyball TH 5:30 Bible Study TH	<b>6</b> 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 11:00 Spice of Life Fitness TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS	<b>7</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 Horse Races TH 2:00 Color It Beautiful BZ 6:00 Game Night TH / CL	<b>1 / 8</b> 10:00 Stretch Exercise WS 10:30 Seated Exercise TH 10:45 Devo with Wayne TH 1:00 Vintage Matinee TH 3:00 Table Gamers 265 & CL	
<b>9</b> 10:00 Strength Exercise WS 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Movie TH	<b>10</b> 10:00 Strength Exercise WS 10:00 Bingo with Mickey TH 1:00 Bridge Club CL 1:00 Sing-a-long / Devotional With Wayne TH	<b>11</b> 10:00 Catholic Mass CH 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional TH 11:00 Beginners Line Dance WS 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 6:00 Choir Practice TH	<b>12</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 12:45 <b>VILLAGE NEWS</b>  1:00 Cards/Games LG 3:15 Balloon Volleyball TH 5:30 Bible Study TH	<b>13</b> 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 11:00 Spice of Life Fitness TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS	<b>14</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 12:00 <b>BirthDay Luncheon</b> TH 2:00 Horse Races TH 2:00 Color It Beautiful BZ 6:00 Game Night TH / CL	<b>15</b> 10:00 Stretch Exercise WS 10:30 Seated Exercise TH 10:45 Devo with Wayne TH 1:00 Vintage Matinee TH 3:00 Table Gamers 265 & CL	
<b>16</b> 10:00 Strength Exercise WS 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Movie TH	<b>17 MLK DAY</b> 10:00 Strength Exercise WS 10:00 Bingo with Mickey TH 1:00 Bridge Club CL 1:00 Sing-a-long / Devotional With Wayne TH 	<b>18</b> 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional TH 11:00 Beginners Line Dance WS 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 6:00 Choir Practice TH	<b>19</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 Cards/Games CL 1:00 Bingo TH 3:15 Balloon Volleyball TH 5:30 Bible Study TH	<b>20</b> 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotion TH 11:00 Spice of Life Fitness TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS	<b>21</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 Horse Races TH 2:00 Color It Beautiful BZ 3:00 Book Club TH 6:00 Game Night TH / CL	<b>22</b> 10:00 Stretch Exercise WS 10:30 Seated Exercise TH 10:45 Devo with Wayne TH 1:00 Vintage Matinee TH 3:00 Table Gamers 265 & CL	
<b>23</b> 10:00 Strength Exercise WS 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Movie TH	<b>24</b> 10:00 Strength Exercise WS 10:00 Bingo with Mickey TH 1:00 Bridge Club CL 1:00 Sing-a-long / Devotional With Wayne TH	<b>25</b> 10:00 Stretch Exercise WS 10:00 Move with Mickey TH 10:45 Devotional TH 11:00 Beginners Line Dance WS 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 6:00 Choir Practice TH	<b>26</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 Cards/Games CL 1:00 Will Bowling TH <i>Staff vs Residents</i> 5:30 Bible Study TH 	<b>27</b> 10:00 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotion TH 11:00 Spice of Life Fitness TH 12:45 Dominoes CL 1:00 Wii Bowling 3:00 Shuffleboard WS	<b>28</b> 10:00 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Wayne TH 1:00 LIVE Horse Races TH 2:00 Color It Beautiful BZ 6:00 Game Night TH / CL	<b>29</b> 10:00 Stretch Exercise WS 10:30 Seated Exercise TH 10:45 Devo with Wayne TH 1:00 Vintage Matinee TH 3:00 Table Gamers 265 & CL	
<b>30</b> 10:00 Strength Exercise WS 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Movie TH	<b>31</b> 10:00 Strength Exercise WS 10:00 Bingo with Mickey TH 1:00 Bridge Club CL 1:00 Sing-a-long / Devotional With Wayne TH						<b>LOCATIONS</b> BI = Bistro BZ = Breezeway Lounge CL = Circle Lounge CR = Conference Room LG = All Lounges LB = Library TH = Stovall Theater WS = Wellness Studio