










UV ACTIVITIES March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:15 Strength Exercise WS 10:30 Seated Exercise/Devo TH 1:00 Leon the Jokester TH 1:00 Cards/Games CL 2:00 Tai Chi Video WS 3:00 Balloon Volleyball TH 4:00 Bible Study TH 6:00 Activity w/ORU Students TH	2 10:15 Stretch Exercise WS 10:30 Seated Exercise/Devo TH 11:15 TPL Bookmobile (Dining Lot) 1:00 Wii Bowling TH 1:30-2:00 BP Checks CL 2:00 March Birthday Bash SD 3:00 Shuffleboard WS	3 9:30 AL Resident Meeting TH 10:00 Wheel of Fortune TH 10:15 Strength Exercise WS 12:30 Horse Races TH 2:00 Resident Scooter Training TH 3:30 Let's Talk Tulsa TH 6:00 Game Night CL 	4 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional TH 1:00 Vintage Matinee TH <i>The King and I</i> 1:00 Canasta CL 3:00 Table Gamers 265 & CL
5 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Film TH <i>South Pacific</i> 3:00 Table Gamers CL	6 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Bridge Club CL 1:00 Sing-a-long & Bible Study with Wayne TH	7  7a-7p SPECIAL ELECTION TH 10:00 Catholic Mass CH 10:15 Stretch Exercise WS 10:30 Move with Mickey 265 10:45 Devotional w/ Mickey 265 3:00 Shuffleboard WS	8 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional TH 1:00 John Hamill Performs TH 1:00 Cards/Games CL 2:00 Tai Chi Video WS 3:00 Balloon Volleyball TH 4:00 Bible Study TH 6:00 Activity w/ORU Students TH	9 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Mickey TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Team Shuffleboard WS 3:00 Health Talk: Fall Prevention TH 6:00 Bingo with Wayne TH	10 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional w/Mickey TH 1:00 Horse Races TH 2:30 Color it Beautiful 265 3:00 UV Women's Group TH 6:00 Game Night CL	11 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional TH 1:00 Vintage Matinee TH <i>Bonnie and Clyde</i> 1:00 Canasta CL 3:00 Table Gamers 265 & CL
12  10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Film TH <i>The Rundown</i> 3:00 Table Gamers CL	13 10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Bridge Club CL 1:00 Sing-a-long & Bible Study with Wayne TH	14 9a-2p Hearing Solutions Rm 131 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devotional with Mickey TH 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 5:30 Choir Practice TH	15 10:15 Strength Exercise WS 10:30 Move with Mickey TH 10:45 Devotional TH 12:45 Quarterly Meeting  1:00 Cards/Games CL 2:00 Tai Chi Video WS 3:00 Balloon Volleyball TH 4:00 Bible Study TH	16 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 10:45 Devo with Mickey TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS 6:00 Fellowship Lutheran Hand Bell Choir TH	17  10:15 Strength Exercise WS 10:30 Move with Mickey 265 10:45 Devotional w/Mickey 265 12:00 Birthday Lunch TH 1:30 Horse Races TH 2:30 Color it Beautiful 265 3:00 St. Patrick's Day Party TH 6:00 Game Night CL	18 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional TH 1:00 Vintage Matinee TH <i>The Trouble with Angels</i> 1:00 Canasta CL 3:00 Table Gamers 265 & CL
19 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Film TH <i>The Natural</i> 3:00 Table Gamers CL	20  10:00 Bingo with Mickey TH 10:15 Strength Exercise WS 1:00 Bridge Club CL 1:00 Sing-a-long & Bible Study with Wayne TH 2:30 Many Sounds of Music TH	21 10:00 Episcopal Service CH 10:15 Stretch Exercise WS 10:30 Move with Mickey TH 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 Drum Fit Class TH 5:30 Choir Practice TH	22 10:15 Strength Exercise WS 10:30 Seated Exercise/Devo TH 1:00 Richard Hicks Concert TH 1:00 Cards/Games CL 2:00 Tai Chi Video WS 3:00 Balloon Volleyball TH 4:00 Bible Study TH 6:00 Activity w/ORU Students TH	23 10:15 Stretch Exercise WS 10:30 Seated Exercise/Devo TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS 4:00 Crafts w/ORU Students TH	24 10:00 Wheel of Fortune TH 10:15 Strength Exercise WS 2:00 Horse Races TH 2:30 Color it Beautiful 265 3:00 Round Table Storytelling TH 6:00 Game Night CL	25 10:00 Strength Exercise WS 10:30 Seated Exercise TH 10:45 Devotional TH 1:00 Vintage Matinee TH <i>Million Dollar Kid</i> 1:00 Canasta CL 3:00 Table Gamers 265 & CL
26 10:00 Sunday School TH 11:00 Worship TH 1:00 Feature Film TH <i>Funny Girl</i> 3:00 Table Gamers CL	27 10:00 Bingo with Mickey TH 10:15 Strength Training WS 1:00 Bridge Club CL 1:00 Sing-a-long & Bible Study with Wayne TH	28 10:00 Lutheran Service CH 10:15 Stretch Exercise WS 10:30 Move with Mickey/Devo TH 1:00 NEW Movie TH <i>80 For Brady</i> 3:00 Shuffleboard WS  3:30 Drum Fit Class TH 5:30 Choir Practice TH	29 10:15 Strength Exercise WS 10:30 Seated Exercise/Devo TH 12:30 Helen Newton: Author Presentation and Book signing TH 1:00 Cards/Games CL 2:00 Tai Chi Video WS 3:00 Balloon Volleyball TH 4:00 Bible Study TH 6:00 Activity w/ORU Students TH	30 10:15 Stretch Exercise WS 10:30 Move with Mickey/Devo TH 12:45 Dominoes CL 1:00 Wii Bowling TH 3:00 Shuffleboard WS 3:30 NEW RESIDENTS Coffee Connection SD  4:00 Crafts w/ORU Students TH	31 10:00 Wheel of Fortune TH 10:15 Strength Exercise WS 1:00 LIVE Horse Races TH Easter Theme 2:30 Color it Beautiful 265 3:00 Hee Haw - UV Style TH 6:00 Game Night CL	LOCATIONS BI = Bistro BZ = Breezeway Lounge CH = Chapel CL = Circle Lounge CR = Conference Room LG = All Lounges SD = South Dining Room TH = Stovall Theater WS = Wellness Studio