

NON-VERBAL PAIN CUES

Vocal Complaints

non-verbal expression of pain demonstrated by moans, groans, grunts, cries, gasps, sighs

Facial Grimaces and Winces

furrowed brow, narrowed eyes, tightened lips, dropped jaw, clenched teeth, distorted expression

Bracing

clutching or holding onto bed/chair, caregiver, or affected area during movement

Restlessness

constant or intermittent shifting of position, rocking, intermittent hand motions, inability to keep still

Rubbing

massaging affected area

Vocal Complaints

verbal expression of pain using words, e.g., "ouch" or "that hurts," cursing during movement or exclamation of protest, e.g., "stop" or "that's enough"