

# Be Aware!

## Warning Signs of Substance Use Disorder

(Changes from Resident's Baseline Behavior)

### Recent Substance Use

- Increased blood pressure/heart rate
- Red eyes
- Dry mouth
- Lack of coordination
- Slowed reaction time
- Slurred speech
- Anxiety or paranoid thinking
- Confusion
- Hallucinations
- Violent behavior
- Change in mood
- Irritability
- Increased sex drive
- Lack of inhibition
- Falls or accidents
- Dizziness
- Vomiting
- Needle marks
- Dilated or constricted pupils
- Breath and/or clothing smells
- Excessive talking

### Possible Addiction

- Unexplained weight changes
- Deterioration of physical appearance
- Constant runny nose
- Unexplained tremors
- Changes in appetite
- Changes in sleep patterns
- Excessive sweating
- Loss of interest in normal activities
- Trouble getting along with others
- Unusual need for money
- Stealing from others
- Excessive desire to leave facility
- Leaving facility without notifying staff
- Visitors with questionable behavior
- History & Physical states history of use
- Self-reported substance use
- Family/friends report history of use

Source: National Institute of Drug Abuse

If substance use disorder is suspected, follow facility policy to obtain consult for behavioral health services.

The Compliance Store

Because Getting It Right Matters.